Cast Your Cares

**PSALM 55:22**

Cast your cares on the Lord and he will sustain you; he will never let the righteous fall.

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Take Heart

**JOHN 16:33**

I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.

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The Secret

**PHILIPPIANS 4:12-13**

I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength.

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Think About It

**PHILIPPIANS 4:8**

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—-if anything is excellent or praiseworthy—think about such things.
I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

Sitting down, Jesus called the Twelve and said, “If anyone wants to be first, he must be very last, and the servant of all.”

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.
Soar Like Eagles

ISAIAH 40:29-31

He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Joy

LUKE 2:8-14

And there were shepherds living out the fields nearby, keeping watch over their flocks at night. An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. But the angel said to them, “Do not be afraid. I bring you good news of great joy that will be for all the people. Today in the town of David a Savior has been born to you; he is Christ the Lord. This will be a sign to you: You will find a baby wrapped in cloths lying in a manger.” Suddenly a great company of the heavenly host appeared with the angel, praising God and saying “Glory to God in the highest, and on earth peace to men on whom his favor rests.”