**Ask, Seek, Knock**

**MATTHEW 7:7-8**

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.

**Call to Me**

**JEREMIAH 33:3**

Call to me and I will answer you and tell you great and unsearchable things you do not know.

**Out of the Mud**

**PSALM 40:1-2**

I waited patiently for the Lord; he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.

**Do Not Be Anxious**

**PHILIPPIANS 4:6-7**

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
Don’t let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith and in purity.

The lions may grow weak and hungry, but those who seek the Lord lack no good thing.

My soul finds rest in God alone; my salvation comes from him. He alone is my rock and my salvation; he is my fortress, I will never be shaken.

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.
Refuge and Strength

PSALM 46:1-2

God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea.

Crushed

PSALM 34:18

The Lord is close to the brokenhearted and saves those who are crushed in spirit.

Do Not Fear

ISAIAH 41:10

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Do Everything in Love

I CORINTHIANS 16:13-14

Be on your guard; stand firm in the faith; be men of courage; be strong. Do everything in love.